



Sermon Discussion Questions

"When Life Seems Futile"

Psalm 90

July 31, 2016

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Opener:

How would you normally deal with a seemingly impossible task in the workplace or at home?

Questions:

1. Read Numbers 13-14 for the probable background of Psalm 90. How would you describe the morale of Moses and the Israelites for the next 40 years?
2. Read Psalm 90. Why do you think Moses started with a declaration that God is their dwelling place (v. 1)?
3. Why is it important for us to remember that God is eternal and man is transitory? (Verses 1-6)
4. Do you think Israel deserved the 'wrath' Moses talked about in verses 7-11? Why or why not?
5. What does it mean for God to teach us to number our days (v. 12)? How does God do it?

Application:

6. What are the usual ways we find relief and happiness in what would be a boring or even an agonizing day?
7. What's right and what's wrong with the sources of satisfaction identified in question 6?
8. In light of questions 6 and 7, how is making God the ultimate source of our satisfaction the smartest thing to do (v. 14)?
9. What are the ways we can make God the satisfaction of our souls?
10. What do we do when those ways don't seem to 'work' (e.g. our Bible reading feels as dry as dust, we feel like we are just going through the motions of prayer)?
11. Think of your job right now. What does it look like when God establishes the works of your hands (v. 17)?
12. Share your other insights about the Psalm with the rest of the group.

*These questions were prepared by our guest speaker, Nelson Dy.