



Sermon Discussion Questions

"Walk With The Spirit"

Romans 7:1-8:4

October 16, 2016

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Opener:

When you were a teenager, what was one of your struggles or challenges? What helped you through it?

Questions: [The following questions are meant to supplement the sermon, to offer further points of interaction with the selected text. Feel free to ask your group your own questions regarding the sermon or text.]

1. Using the allegory of marriage, who were you married to originally (vv 1-4), and how did that marriage work out?
2. When Paul says, "we have been released from the law" (v 6), what implication does this have for Christian living?
3. Why do you think God's law was given: (a) Means to follow in order to be saved (b) Guide to follow *once we are* saved by grace? (c) Stumbling block, impossible to follow, which only points the sinner to God's grace? How do verses 10, 12 and 22 support your answer?
4. What is the root problem of people that Paul exposes through his own example (vv 14-24)?

Application:

5. In what areas of your life is the spirit willing but the flesh weak: Healthy Habits? Helpful Disciplines? Receiving Healing Prayer? Other?
6. In light of your own situation regarding any struggles or challenges with sin, how can you relate to Paul's statement: "I do not understand what I do"?

How is Paul's conflict a model for a healthy, realistic self-image?

7. What comes to mind when you consider serving "in the new way of the Spirit" (v 6)? Take some time to pray together as a group, either silently or aloud. Ask the Holy Spirit to come and usher in his presence. Ask God to show you an area in your life and what it could look like to live in a new way of the Spirit.

*These questions were adapted from *The NIV Quiet Time Bible* (InterVarsity, 1996) and *The Serendipity Bible for Groups* (Zondervan, 1998).