



Sermon Discussion Questions

"The Power to Change Your Life"

Matthew 28:1-10

March 27, 2016

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Opener:

What do you like to do first thing Sunday morning or any morning? Why?

Questions:

1. Who visits the tomb? When? Try to imagine and empathize what they were feeling on their way to their visit. Discuss.
2. What is the significance of the earthquake? Try for a moment to envision how the angel looked ("like lightning", "clothes were white as snow"). Why do you think these details were significant to Matthew?
3. What is the significance of the angel reminding the women that Jesus had risen, "just as he said" (v 6)? What impact do you think those words had on the women?
4. What do you observe about the simplicity of being a witness in the angel's commands to "not be afraid" (v 5), "come and see" (v 6) and "go quickly and tell" (v 7)?
5. How do you think the women felt as they left the tomb? As they met Jesus?

Application:

6. How did the reality of Jesus' resurrection "dawn" upon you? Were you quick to believe? Or did it come through a process over time? What do you remember most about that moment of realization?
7. In light of Easter Sunday, pray with your group that God would help you to see what "new life" is before you this season. Ask God to show you how to respond to it.
8. What could "go quickly and tell" look like for you and your group this week?