



SDG Discussion Guide

"Psalm 1"

January 5, 2020

For starters:

What was the highlight of Christmas for you this year?

What makes you happy?

What makes you unhappy?

Guideline: The following is meant to provide interaction with the respective Sunday's sermon text. Feel free to forward to your small group members ahead of the Sunday.

Before you begin your discussion, pray, and ask God to speak to your group. Listen attentively, and notice, what may God be highlighting for your consideration and learning?

Now that you have prayed, please see the following questions that may assist you in your discussion.

1. What are the "blessed" like and not like?
2. What is the point of the tree comparison?
3. What are the "wicked" like, and why?
4. What was the "law of the Lord" in David's day (v 2)? How could one meditate on it so long?
5. Do you feel a tension between the two "ways"? Is there a third way? Why or why not?
6. How should people today find happiness, according to TV, music, and ads?
7. Where have you searched for happiness? Where do you find it?
8. What is the "law of the Lord" for you? How would you find time to meditate as this blessed man does?

Further reflection and prayer:

Reflect together on the past year in your SDG. What made you happy? What made you unhappy? For what are you grateful? Next, pray and give thanks; pray for a united heart and outlook for 2020 in the Lord's leading of your group.

**The discussion questions were adapted from The Serendipity Bible for Groups (Zondervan, 1998).*