



SDG Discussion Guide

Psalm 3

January 12, 2020

For starters:

Which are you: Defeatist? Optimist? Realist? Why?

Who gave you the most comfort growing up: Mom? Dad? Grandparent? Siblings? Your pets or toys? Your pastor? Television? Why?

Did (or does) your family express emotions very well? How so?

Guideline: The following is meant to provide interaction with the respective Sunday's sermon text. Feel free to forward to your small group members ahead of the Sunday.

Before you begin your discussion, pray, and ask God to speak to your group. Listen attentively, and notice, what may God be highlighting for your consideration and learning?

Now that you have prayed, please see the following questions that may assist you in your discussion.

1. How's your sleep this week? Lost any? Why?
2. Which parent or parent figure could you more easily cry or be upset with? Why?
3. Who are David's "foes" (see 2Sam 15:13-30)? Why does he flee the city rather than fight?
4. What must have happened to transform David's "weeping" eyes and bowed head (vv 3-5)?
5. From where does his peace, victory, and blessing come (vv 6-8)? Likewise, his anger and anxiety?
6. When did you last feel abandoned by a friend? By God? What happened?
7. What "foes" are you facing? From what are you praying for deliverance? How will you know when that prayer is answered? What could it look like?

Prayer:

Lord, please awaken us to your presence and guide us in the ways we ought to go in the weeks and months ahead in 2020. Where do you want to do something new through a situation we're in now? Help us to see what we need to see and hear what we need to hear. Show us your way, Lord! In Jesus' name, amen.

*The discussion questions were adapted from *The Serendipity Bible for Groups* (Zondervan, 1998).