



SDG Discussion Guide

Psalm 32

February 9, 2020

For starters:

What do you worry about the most? Why do you think so?

Where do you go to get refreshed or relax or “live it up”? Why?

If you had only two weeks to live, what is one thing you must do? Why that one?

Guideline: The following is meant to provide interaction with the respective Sunday’s sermon text. Feel free to forward to your small group members. Hard copies are available at Church on the respective Sunday.

Before you begin your discussion, pray, and ask God to speak to your group. Listen attentively, and notice, what may God be highlighting for your consideration and learning?

Now that you have prayed, please see the following questions that may assist you in your discussion.

1. What is the source of blessedness or happiness in this psalm? How does this compare with Psalm 1:1?
2. What does “in whose spirit is no deceit” mean? How does it relate to the struggle expressed in verses 3-5? Why do you think he would refuse to confess his sin for so long? What happened when he did?
3. What has David realized about God (vv 6-7)?
4. How does the Lord’s counsel (vv 8-9) relate to David’s struggle (vv 3-4)? How is he like a mule?
5. What’s the punch line of this psalm for you?
6. What does Paul try to prove with this psalm (see Romans 4:7-8)?
7. Unconfessed sin sapped David’s strength like the summer heat. What picture would you use to describe forfeiting God’s blessing by covering up your own sin?
8. God freely forgives those who trust him: How has that message been driven home to you recently? How has that forgiveness spilled over into your other relationships? How do you see yourself differently?
9. Have you felt like God is not to be found? What “waters” rise and obscure God?

Prayer:

Lord, please help us to have a walk that is blameless - our life and doctrine. Help us to see what we need to see, to hear what we need to hear, and to act accordingly. Help us to turn away from the thing in our life that is not of you and keeps us back in some way. Show us *your way*, Lord. In Jesus’ name, amen.

*The discussion questions were adapted from *The Serendipity Bible for Groups* (Zondervan, 1998).