



SDG Discussion Guide

Psalm 90

March 8, 2020

For starters:

What is your earliest memory? Why do you think this incident has stuck in your mind?

Who do you consider a wise person and why?

Guideline:

The following is meant to provide interaction with the respective Sunday's sermon text. Feel free to forward to your small group members. Hard copies are available at UCM on the respective Sunday.

First, as you can, read aloud and slowly the selected passage in your group.

Before you begin your discussion, pray, and ask God to speak to your group. Listen attentively, and notice, what may God be highlighting for your consideration and learning?

Now that you have prayed, please see the following questions that may assist you in your discussion.

1. At what point in his life do you think Moses wrote this psalm? What country did he consider home (v 1)?
2. Life is short. What else is "wrong" with it (vv 7-9)? What picture of God comes in verse 7? Why is humanity full of "trouble and sorrow"?
3. Why is God so angry (v 11)? How should Moses feel, being barred from the Promised Land (see Deut 32:50-52; Num 20:6-13)? Do you think his mood would be different if he knew of the resurrection and afterlife?
4. What does it mean to "number our days aright"?
5. What different requests are made of God (vv 13-17)? Does the final request remove the futility? What gives ultimate purpose to our endeavors?
6. Would you call this psalm pessimistic? Realistic? Encouraging? Why?
7. Are you "teachable"? When are you most able to receive instruction? When are you most resistant?
8. How do you "number your days": a) One day at a time? b) Make each day count? c) On a scale of 1 to 10? d) With a clock and calendar? e) Lost count?

Prayer:

Lord, we humbly seek you. Please help us to see our lives once more from the perspective of your great love for your creation including us. Please show us what we need to see, and help us hear what we need to hear -- that our lives may be reoriented and restored once more into a right and loving relationship with you. Help us both to be loved by you and to love you, well, Lord. Help us to love others well, Lord. Come Holy Spirit... please be at our backs as we go forth this week with a renewed appreciation and encouragement for the Good Life, in Jesus' name, amen.

*The discussion questions were adapted from *The Serendipity Bible for Groups* (Zondervan, 1998).